

### FROM CHOICE, A WORLD OF POSSIBILITIES

# ANNUAL REPORT HIGHLIGHTS 2012

#### TABLE OF CONTENTS

3 ..... A WORD FROM THE REGIONAL DIRECTOR

#### 4 ..... ABOUT IPPF EN

- 6 ..... OUR REGION
- 8 ..... UNITE | A global movement fighting for sexual rights and reproductive health for all
- 12 .... DELIVER | access for all to reduce the unmet need for sexual and reproductive health services
- 16 .... PERFORM | working towards a relevant and accountable Federation
- 19 .... IN 2012, IPPF TURNED 60!
- 20 .... IPPF EN REC AND REGIONAL OFFICE STAFF
- 21 .... FINANCIAL STATEMENTS

THE INTERNATIONAL PLANNED PARENTHOOD FEDERATION EUROPEAN NETWORK (IPPF EN) IS ONE OF SIX REGIONS OF THE INTERNATIONAL PLANNED PARENTHOOD FEDERATION (IPPF) WHICH IS A GLOBAL SERVICE PROVIDER AND A LEADING ADVOCATE OF SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS FOR ALL.

Between March and June of 2013, IPPF EN Regional Office hired the services of a professional photographer Layla Aerts to visit a number of our Member Associations located in the Central Asian Region and Balkan countries. These are just a few examples of her outstanding work in Kazakhstan and Kyrgyzstan. We would also like to thank IPPF volunteer Jeannette van Bodegraven for writing the photo captions.

#### Cover photo:

Yamila (32) and her one year old baby Islam in the shelter of Asteria Foundation, Bishkek, Kyrgyzstan. IPPF partner Asteria differs support for people who use drugs. ©IPPF EN/Layla Aerts/Kyrgyzstan

IPPF European Network is a signatory to the CONCORD European-wide NGO code of Conduct on the use of photographs and images and is committed to upholding its principles.



#### A word from the Regional Director

It is hard to believe that again another year has gone by, a year with many exciting moments. On 11 July 2012 the Family Planning Summit (now named FP2020) took place on the initiative of the Bill and Melinda Gates Foundation and the UK Government. This event called on governments and other stakeholders, for the first time in a long while, to solve one of the most important problems in the world: providing access to family planning services and contraceptives that will allow women to plan their families, to decide themselves when and how many children to put on this earth. The Earth itself was the focus of the Rio+20 Summit (20-22 June 2012) where environmental and climate issues were at the forefront as well as population growth. The sexual and reproductive health and rights (SRHR) community turned the notion of population growth into population dynamics to ensure that not only the large number of people in the world would be the point of attention but also migration, human rights and sexual and reproductive health and rights as a pivotal component for a sustainable world.

The process of looking at the unfinished business of the Programme of Action of the International Conference on Population and Development (Cairo, 1994) and planning ahead for the successor of the Millennium Development Goals, ending in 2015, creates a full calendar of important meetings which will go on for quite a significant time into the future. This has created a lot of work for our community but also the conviction that this time we need to have it right. SRHR, in one form or another, needs to have a significant and recognized role in any post 2015 framework.

In the meantime IPPF also celebrated its 60th Anniversary in November last year and at that occasion launched its Vision2020, which explains the 10 asks IPPF is proposing to governments of the world to take as action with regard to sexual and reproductive health and rights.

Next to our advocacy activities at the international level, we do not forget our own region, including Western Europe, Eastern Europe and Central Asia, which is so rich in its diversity. The UNFPA State of the World Report of 2011 revealed some figures on the use of modern contraceptives throughout the world. A closer look and comparison revealed that some of the countries in our region showed a lower uptake of modern contraceptives than some of the least developed countries. This situation then led to a close collaboration with the UNFPA Regional Office to undertake operational research that would help us to better understand the barriers for people to access modern contraceptives.

After six years of successful implementation and a series of interesting publications, the Sexual Awareness for Europe (SAFE) project came to an end. Through this project we looked at the status and quality of sexuality education, youth friendly services and produced a policy guide for governments so that they consider developing new policies regarding young people's sexual health.

These and many more activities resulted again in a year full of excitement, new areas of work and new challenges but above all IPPF and IPPF European Network have found their second youth. We are ready for the next 60 years thanks to the energy and commitment of our partners, volunteers and staff. I wish you an interesting read and please don't hesitate to get in touch with us if you would like to know more about our achievements and future plans.

VICKY CLAEYS, REGIONAL DIRECTOR, IPPF EUROPEAN NETWORK

# **ABOUT IPPF EN**

#### WE FOCUS OUR WORK ON 5 THEMATIC AREAS:

## Advocacy - Access - Adolescents -Abortion - HIV/AIDS

#### WE ARE A VOLUNTEER-DRIVEN ORGANIZATION

What makes IPPF unique is that we are an international federation representing independent grass roots civil society organizations around which women and men voluntarily organize themselves to respond to local needs for sexual and reproductive health and rights.

Volunteers are essential to our organization as they represent civil society and are well placed to formulate the needs of an ever-evolving society.

#### WE PROMOTE YOUTH PARTICIPATION AND EMPOWERMENT

Young people are encouraged to fully participate in IPPF's programmes and governance. Their voice is equal to those of adults. IPPF EN's YSAFE network of young people is very vibrant and the guarantee for IPPF that SRHR issues will stay on the agenda for the coming generations.

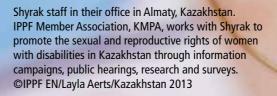
#### **WE ARE RIGHTS-BASED**

IPPF was formed in 1952. It was the result of campaigning by a handful of brave and angry women, including Margaret Sanger and Elise Ottesen-Jensen from Sweden and Dhanvanthi Rama Rau from India, who were all imprisoned for their assertion that women had the right to control their own fertility.

Since then the Federation has evolved and grown to become a global service provider and a leading advocate on sexual and reproductive health and rights (SRHR) in the world.

#### **TRANSPARENCY AND ACCOUNTABILITY**

Through an extensive five year cycle of accreditation, IPPF is looking into the adherence of its Member Associations to the IPPF Membership Standards. This exercise assists the Member Associations to develop into strong, transparent, well governed and trustworthy civil society organizations that are leaders in their countries and excellent partners for the donors.



## VISION

IPPF European Network envisions a world where every individual is healthy; where sex and sexuality are recognized as fundamental and precious parts of human life; where sexual and reproductive choices are respected; and where diversity is valued and celebrated.

## VALUES

IPPF EN believes that sexual and reproductive health is integral to an individual's physical, mental and social wellbeing.

We are committed to ensuring that every individual has the opportunity and the power to make a personal and informed choice, free of coercion, on any matter relating to her or his sexual and reproductive life.

We are committed to every individual having the moral and legal right to dignity, sexual autonomy and bodily integrity and the right to access the highest quality SRH services.

IPPF EN fully recognizes the tough reality for the poor, vulnerable and socially-excluded, and the need to change existing power relations in order to eliminate gender biases and inequalities that influence women's, men's and young people's health, choice and rights.

IPPF EN is a democratic organization based on volunteer activism and leadership in the pursuit of our mission.

### MISSION STATEMENT

To advance the basic human right of all people to make free and informed choices in their sexual and reproductive lives; and to fight for the accessibility to high quality information, education and health services regarding sexuality and sexual identities, conception, contraception, safe abortion and STI/HIV/AIDS.

# **OUR REGION**

## THE IPPF EUROPEAN NETWORK REGION:

#### THE IPPF EUROPEAN NETWORK IS ONE OF IPPF'S SIX REGIONS.

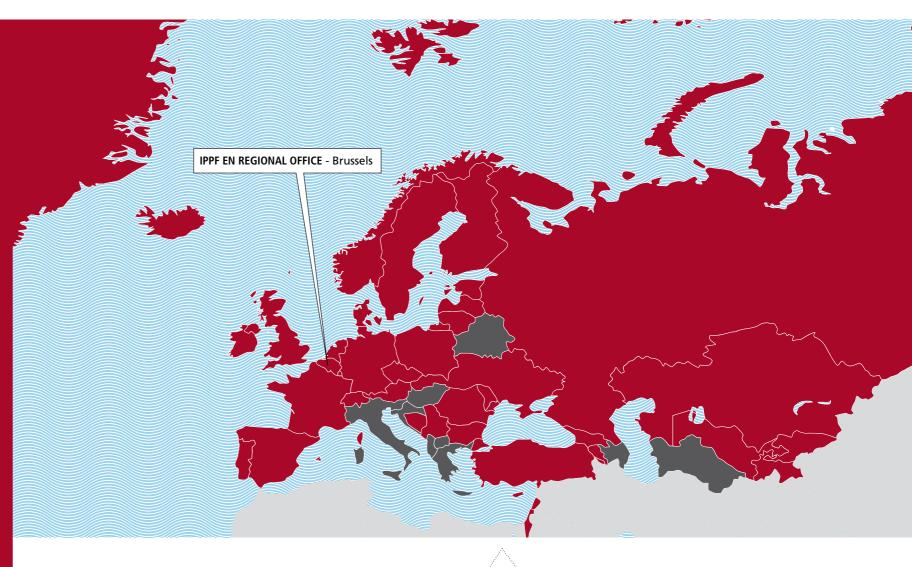
#### IPPF EN INCLUDES 40 MEMBER ASSOCIATIONS IN AS MANY COUNTRIES THROUGHOUT EUROPE AND CENTRAL ASIA.<sup>1</sup>

#### **37 Full Members**

ALBANIA Qêndra pêr Popullsinë dhe Zhvillimin (Albanian Centre for Population and Development) www.acpd-al.org / ARMENIA "For Family and Health" Pan-Armenian Association www.armfha.com / AUSTRIA Österreichische Gesellschaft für Familienplanung (ÖGF) www.oegf.at / **BELGIUM** Fédération Laïgue de Centres de Planning Familial (FLCPF) www.planningfamilial.net / Sensoa www.sensoa.be / BOSNIA AND HERZEGOVINA Association for Sexual and Reproductive Health XY www.xy.com.ba / BULGARIA Bulgarian Family Planning a nd Sexual Health Association (BFPA) www.safesex.bg / CYPRUS Cyprus Family Planning Association (CFPA) www.cyfamplan.org / CZECH REPUBLIC Spolecnost pro plánování rodiny a sexuální výchovu (SPRSV) www.planovanirodinz.cz / **DENMARK** The Danish Family Planning Association www.sexoqsamfund.dk / ESTONIA Eesti Seksuaaltervise Liit (ESTL) www.amor.ee / FINLAND Väestöliitto www.vaestoliitto.fi / FRANCE Mouvement Français pour le Planning Familial (MFPF) www.planning-familial.org / GEORGIA Family Planning Association of Georgia (HERA XXI) www.hera-youth.ge / GERMANY PRO FAMILIA Bundesverband www.profamilia.de / ICELAND Frædslusamtök um kynlíf og barneignir (FKB) www.fkb.is / IRELAND Irish Family Planning Association (IFPA) www.ifpa.ie / ISRAEL Israel Family Planning Association (IFPA) www.opendoor.org.il / KAZAKHSTAN Kazakhstan Association on Sexual and Reproductive Health (KMPA) www.kmpakaz.org / KYRGYZSTAN Reproductive Health Alliance of Kyrgyzstan (RHAK) www.rhak.kg/english/index.php / LATVIA Latvijas Gimenes Planosanas un Seksualas Veselibas Asociacija "Papardes Zieds" (LAFPSH) www.papardeszieds.lv / LITHUANIA Seimos Planavimo ir Seksualines Sveikatos Asociacija (FPSHA) www.spa.lt / MOLDOVA Societatea de Planificare a Familiei din Moldova www.iubire.md / THE NETHERLANDS Rutgers WPF www.rutgerswpf.org / NORWAY Sex og Politikk – the association for Sexual and Reproductive Health and Rights www.sexogpolitikk.no / POLAND Towarzystwo Rozwoju Rodziny (TRR) www.trr.org.pl / PORTUGAL Associação Para o Planeamento da Família (APF) www.apf.pt / REPUBLIC OF MACEDONIA<sup>2</sup> Health Education and Research Association (HERA) www.hera.org.mk / ROMANIA Societatea de Educatie Contraceptiva si Sexuala (SECS) www.secs.ro / RUSSIA Russian Association for Population and Development (RAPD) www.rfpa.ru / SLOVAK REPUBLIC Slovenská spolocnost pre plánované rodicovstvo a výchovu krodicovstvu (SSPRVR) www.rodicovstvo.sk / SPAIN Federación de Planificación Familiar de España (FPFE) www.fpfe.org / SWEDEN Riksförbundet för Sexuell Upplysning (RFSU) www.rfsu.se / SWITZERLAND SEXUAL HEALTH Switzerland www.sante-sexuelle.ch / TAJIKISTAN Tajik Family Planning Alliance www.tfpa.tj / UNITED KINGDOM fpa www.fpa.org.uk / UZBEKISTAN Uzbek Association on Reproductive Health (UARH) www.uarz.uz

#### **3 Associate Members**

**SERBIA** Serbian Association for Sexual and Reproductive Rights - SRH Serbia www.oic.rs / **TURKEY** Türkiye Aile Planlamasi Dernegi (TAPD) www.tapd.org.tr / **UKRAINE** NGO "Woman Health & Family Planning" www.womenhealth.org.ua



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13 countries in our region are eligible for rec	eiving
LOW INCOME COUNTRIES:	М
Kyrgyzstan / Tajikistan	Al Ge Ka Uz

# In 2012, IPPF EN provided 1,730,329 sexual and reproductive health services through 21 Member Associations delivering services.

<sup>1</sup> Membership list dated May 2013 / <sup>2</sup> UN tecnhnical reference «The Former Yugoslav Republic of Macedoni

g Official Development Assistance (ODA)<sup>3</sup>:

#### AIDDLE INCOME COUNTRIES:

Albania / Armenia / Bosnia and Herzegovina / Georgia / Moldova / Republic of Macedonia / Cazakhstan / Serbia / Turkey / Ukraine / Jzbekistan

# UNITE

A global movement fighting for sexual rights and reproductive rights for all

IPPF EUROPEAN NETWORK CONTINUES TO BROADEN ITS PARTNERSHIPS AND SUPPORT BASIS FOR SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS (SRHR) THROUGHOUT EUROPE, EASTERN EUROPE AND CENTRAL ASIA (EECA).

THIS IS EXTREMELY IMPORTANT IN A WORLD WHERE CONSERVATISM IS INCREASING AND THE ECONOMIC AND FINANCIAL CRISES ARE PUSHING GOVERNMENTS TO REVIEW THEIR PRIORITIES.

EUROPEAN FIGURES SHOW THAT LEVELS OF DEVELOPMENT ASSISTANCE FOR REPRODUCTIVE HEALTH, FAMILY PLANNING AND HIV & AIDS (KNOWN AS POPULATION ASSISTANCE) ARE INCREASING. HOWEVER, THE OVERALL ATTENTION PAID BY EUROPE'S LEADERS TO POPULATION ISSUES IS STILL PAINFULLY LOW, WITH ALL EUROPEAN DONORS PLEDGING LESS THAN 10 PER CENT OF THEIR DEVELOPMENT ASSISTANCE TO THE ISSUE.<sup>4</sup>

<sup>4</sup>According to "Euromapping 2012". Euromapping is published every year since 2004 and is a joint study by the Deutsche Stiftung Weltbevoelkerung (DSW) and the European Parliamentary Forum on Population and Development (EPF). It compares European donors' commitments with actual disbursements towards Basic Research, Family Planning, HIV and AIDS and Reproductive Health. /<sup>5</sup> Reproductive Health Commodity Security (RHCS) is achieved when all individuals can obtain and use affordable, quality contraceptives and other reproductive health commodities of their choice whenever they need them. / <sup>6</sup> IPPF EN is a member of CONCORD, the European confederation of Relief and Development NGOs. CONCORD is made up of 27 national associations, 18 international networks and 2 associate members that represent over 1,800 NGOs, supported by millions of citizens across Europe. CONCORD acts as the main interlocutor with the EU institutions on development policy. / <sup>1</sup> IPPF EN has observer status with EuroNGOs (The European NGOs for Sexual and Reproductive Health and Rights, Population and Development). EuroNGOs is a regional network of European based-NGOs that promote comprehensive and progressive sexual and reproductive health and rights (SHRR) in development cooperation and global policies.

Children at a boarding school for adolescents, Almaty, Kazakhstan. IPPF partner organization provides basic sexuality education to vulnerable children. ©IPPF EN/Layla Aerts/Kazakhstan 2013

#### JOINING FORCES WITH GOVERNMENT OFFICIALS, UNFPA REPRESENTATIVES AND IPPF MEMBER ASSOCIATIONS IN 16 COUNTRIES OF EASTERN EUROPE AND CENTRAL ASIA

The IPPF EN Regional Office and six IPPF Member Associations in Eastern Europe and Central Asia as well as a partner organization in Azerbaijan worked together with UNFPA Eastern Europe and Central Asia Regional Office (UNFPA EECARO) to conduct a study on the social, cultural and service factors influencing access to, and uptake of, modern contraceptives in seven middle income countries in the EECA region: Armenia, Azerbaijan, Bosnia and Herzegovina, Bulgaria, Kazakhstan, the Republic of Macedonia and Serbia.

The goal of this joint-initiative was to increase government leaders' commitment to Reproductive Health Commodity Security.<sup>5</sup> To this end, IPPF EN and UNFPA EECARO co-hosted a high level consultative meeting, where the findings of the study were presented to 25 government officials (from Ministries of Health and Ministries of Finance) from 16 countries in Eastern Europe and Central Asia.

All government officials endorsed specific recommendations to address the identified factors influencing the use of modern contraceptives in the EECA region and acknowledged the need for governments to increase and allocate the necessary budget for family planning/contraception.

#### ADDRESSING THE UNMET NEED FOR FAMILY PLANNING IN FUTURE DEVELOPMENT COOPERATION

IPPF EN was particularly successful in working within the context of 'Countdown 2015 Europe' (as mentioned later on page 11) and in synergy with CONCORD<sup>6</sup> and EuroNGOs<sup>7</sup> on a number of key advocacy issues related to the revised EU development policy called 'Agenda for Change' and the EU position on a new global framework Post 2015.

In March 2012, IPPF EN took the lead, in the context of 'Countdown 2015 Europe', in organizing a high level Expert meeting where EU member state representatives were made aware of the existing linkages between SRHR and some of the most pressing issues faced in current international discussions e.g. Human rights, sustainability, economic growth. They were asked to reflect

them in the revised future EU development framework. Following the high level meeting, intensive coordinated Brussels – national advocacy culminated in May 2012 in the adoption of the EU Council conclusions on the new EU development assistance policy 'Agenda for Change' which recognizes the importance of investing in health, gender and social issues, including SRHR for sustainable and inclusive development.

IPPF EN works intensively on translating the outcomes of the 'Agenda for Change' in financial terms for SRHR under the next 7 year long EU budget (the so-called EU Multi annual Financial Framework (MFF)). To this end and in times of crisis, IPPF EN firstly joined CONCORD's efforts to maintain the overall ODA amounts and succeeded in safeguarding the levels of the previous MFF. IPPF EN also questioned the "EU approach to differentiation" - or in other words the phasing out of EU aid to most of the middle income countries - by showing the devastating impact on SRHR needs when only economic criteria are taken into account for the withdrawal of aid. This work resulted in the recognition of a human development index, including health indicators, as one of the differentiation criteria under the first partial agreement of the EC funding instrument for development for Asia and Latin America, the Development Cooperation Instrument (DCI) (June 2012).

■ IPPF EN worked to influence the EU position on the 'Post-2015 Agenda' in view of the UN high level event on Post-2015 (September 2013) with the final aim to have SRHR recognized as key for the new Post-2015 framework. IPPF EN contributed to the online EC consultations on this issue; proposed amendments to the European Parliament report and advocated towards the EU member states to influence the Council conclusions. IPPF EN also signed a common position paper with 'Countdown 2015 Europe' partners and EuroNGOs on "Towards a Post-2015 Development Framework" and provided input to the Beyond 2015 Campaign as well as through CONCORD as chair of its Gender Working Group.

#### ENSURING REPRODUCTIVE HEALTH EMERGENCY RESPONSE AND PREPAREDNESS IN CASE OF NATURAL AND MAN-MADE DISASTERS IN EECA COUNTRIES

In addition to the vulnerability to natural disasters, some countries in the EECA region have also experienced inter and intra-state wars which have resulted in humanitarian crises, sometimes leading to displacement and refugee movements in neighbouring countries.<sup>8</sup>

In order to better coordinate humanitarian responses and emergency preparedness, it was decided at the 13th Annual Meeting of the Global Inter-Agency Working Group (IAWG) on Reproductive Health (RH) in Crisis Situations<sup>9</sup> in 2011 to establish an Inter-Agency Forum on RH in Crisis Situations for Eastern Europe and Central Asia ("the EECA Inter-Agency Forum").

IPPF EN was involved in the establishment and operationalization of the EECA Inter-Agency Forum.

• The Regional Office undertook a situation analysis and mapping of partners working in RH in crisis and emergency preparedness in the region. The mapping reported a need for sensitization on RH in crisis situations and the need for further capacity building in emergency response.

• So far, IPPF Member Associations of Albania, Georgia, Kazakhstan, Kyrgyzstan, Moldova, the Republic of Macedonia, Romania, Serbia, Tajikistan, Turkey, Ukraine, Uzbekistan have successfully been trained as trainers on the "Minimum Initial Service Package (MISP) as the main tool and approach for integrating RH in crisis situations in their respective countries.



"I think that it is increasingly important for AI and IPPF to work together in a climate where sexual health and reproductive rights are at stake. We need to act jointly and be very strong to defend our human standards."

CHRISTINE LOUDES, DIRECTOR "END FGM" EUROPEAN CAMPAIGN - Amnesty International The Voices of our Stakeholders



A group of 17 leading SRHR organizations, including 11 IPPF Member Associations from major European countries have joined forces as a Consortium which undertakes its activities under the banner of "Countdown 2015 Europe". The Consortium advocates for increased European donor support to universal access to reproductive health (RH) and family planning (FP).

IPPF EN is the lead partner of the Consortium currently implementing the Project "Protecting and Increasing Donor Commitment to Universal Access to RH and FP".

The project is aimed at maintaining and increasing the European financial and political commitment to the MDG 5B target of universal access to reproductive health with a particular focus on a better positioning of resources to address the unmet need for family planning.

### IPPF EUROPEAN NETWORK IS COLLABORATING WITH A WIDE RANGE OF NETWORKS, CONSORTIA, CONFEDERATIONS, MULTILATERALS AND PROFESSIONAL GROUPS:

AMNESTY INTERNATIONAL; ASTRA NETWORK; CATHOLICS FOR CHOICE; CENTER FOR REPRODUCTIVE RIGHTS (CRR); CONFEDERATION OF FAMILY ORGANISATIONS IN THE EUROPEAN UNION (COFACE); EUROPEAN AIDS TREATMENT GROUP (EATG); THE EUROPEAN INSTITUTE OF WOMEN'S HEALTH (EIWH); EUROPEAN HUMANIST FEDERATION, EUROPEAN NETWORK AGAINST RACISM (ENAR); EUROPEAN PEER TRAINING ORGANISATION (EPTO); THE EUROPEAN SOCIETY OF CONTRACEPTION AND REPRODUCTIVE HEALTH (ESC); EUROPEAN WOMEN'S LOBBY (EWL); EUROPEAN YOUTH FORUM (EYF); (FIAPAC); INTERNATIONAL FEDERATION OF GYNAECOLOGY AND OBSTETRICS (FIGO); INTERNATIONAL FEDERATION OF PROFESSIONAL ABORTION AND CONTRACEPTION ASSOCIATES; HIV THINK TANK; THE EUROPEAN REGION OF THE INTERNATIONAL LESBIAN, GAY, BISEXUAL, TRANS AND INTERSEX ASSOCIATION (ILGA-EUROPE); PLATFORM FOR INTERNATIONAL COOPERATION ON UNDOCUMENTED MIGRANTS (PICUM); REPRODUCTIVE HEALTH SUPPLIES COALITION (RHSC); SAVE THE CHILDREN; SEX WORKERS' RIGHTS ADVOCACY NETWORK (SWAN); WORLD ASSOCIATION OF GIRL GUIDES AND GIRL SCOUTS (WAGGS); WORLD SCOUT MOVEMENT.

IPPF EN, BOTH THROUGH ITS MEMBER ASSOCIATIONS AND THE REGIONAL OFFICE, ALSO COLLABORATES REGULARLY WITH THE EUROPEAN INSTITUTIONS, UNITED NATIONS AGENCIES SUCH AS THE UNFPA EASTERN EUROPE AND CENTRAL ASIA REGIONAL OFFICE (UNFPA EECARO); THE WORLD HEALTH ORGANIZATION (WHO) EUROPE; THE JOINT UNITED NATIONS PROGRAMME ON HIV/AIDS (UNAIDS); THE UNITED NATIONS DEVELOPMENT PROGRAMME (UNDP); THE UNITED NATIONS CHILDREN'S FUND (UNICEF); AND THE ORGANISATION FOR ECONOMIC CO-OPERATION AND DEVELOPMENT (OECD).

IPPF EN IS A MEMBER OF THE FOLLOWING CIVIL SOCIETY NETWORKS: EUROPEAN PUBLIC HEALTH ALLIANCE (EPHA); THE PLATFORM OF EUROPEAN SOCIAL NGOS (THE SOCIAL PLATFORM); EUROPEAN NGO CONFEDERATION FOR RELIEF AND DEVELOPMENT (CONCORD).

IPPF EN HAS OBSERVER STATUS WITH EURONGOS AND THE EUROPEAN PARLIAMENTARY FORUM ON POPULATION AND DEVELOPMENT (EPF).

IPPF EN HAS PARTICIPATIVE STATUS WITH THE COUNCIL OF EUROPE AND SPECIAL CONSULTATIVE STATUS WITH THE ECONOMIC AND SOCIAL COUNCIL OF THE UNITED NATIONS (ECOSOC).

<sup>8</sup> «EM-DAT: The OFDA/CRED International Disaster Database, Université Catholique de Louvain, Brussels, Bel.» Data version: v11.08 Preventionweb.net / <sup>9</sup>The Global Inter-Agency Working Group (IAWG) on Reproductive Health (RH) in Crisis Situations is a coalition of UN, government, non-governmental, research, and donor organizations committed to advancing the sexual and reproductive health of people affected by conflict and natural disaster. The International Planned Parenthood Federation – The SPRINT Initiative is a member of the IAWG steering committee.

Two major outcomes of the Consortium's advocacy work in 2012 are:

The reinforcement of the social angle and the inclusion of a minimum 20 % benchmark for health and education under the adopted EU Council conclusions on the new EU development assistance policy called the "Agenda for Change" (May 2012).

• The inclusion of a specific reference to sexual and reproductive health and rights in the EU Development Ministers Council conclusions on post 2015 (May 2013) after tense negotiations in the different European institutions.



Aizan (21), a medical student in Almaty, Kazakhstan hands out flyers to her fellow students. She believes the taboo on sex in her country should be tackled. Aizan has been a volunteer for IPPF since 2010. ©IPPF EN/Layla Aerts/Kazakhstan 2013

# DELIVER

Access for all to reduce the unmet need for sexual and reproductive health services

18 OUT OF 27 EU MEMBER STATES WHO **RESPONDED TO A RECENT POLICY ASSESSMENT** SURVEY REVEAL A GENERAL LACK OF COHESIVE AND COMPREHENSIVE NATIONAL POLICIES ON YOUNG PEOPLE'S SEXUAL AND REPRODUCTIVE HEALTH AND RIGHTS IN EUROPE.<sup>10</sup>

IN EASTERN EUROPE AND CENTRAL ASIA, THE HEALTH STATUS OF YOUNG PEOPLE IS COMPROMISED BY INSUFFICIENT EDUCATION. POOR ACCESS TO YOUTH FRIENDLY SERVICES. HIV INCIDENCE IN THE REGION IS THE FASTEST-GROWING IN THE WORLD AND THE AVAILABILITY OF ABORTION AND CONTRACEPTIVES TO YOUTH IS HIGHLY LIMITED.<sup>11</sup>

COMPREHENSIVE SEXUALITY EDUCATION (CSE), THE AVAILABILITY OF ACCEPTABLE AND AFFORDABLE CONTRACEPTIVES AND THE EXISTENCE OF YOUTH FRIENDLY SERVICES SHOULD ALL BE COMPONENTS OF A COMPREHENSIVE APPROACH TO AVOIDING UNINTENDED PREGNANCIES AND IMPROVED SEXUAL HEALTH.

10 Compendium on young people's SRHR policies in Europe, Sexual Awareness for Europe (SAFE II), November 2012. / 11 UNFPA Eastern Europe and Central Asia Regional Conference - May 9-11, 2011 Investing in Youth: Path to Accelerated Development, Concluding Document

#### **STRENGTHENING COMMITMENT TO AND** SUPPORT FOR THE SEXUAL AND REPRODUCTIVE **HEALTH AND RIGHTS OF ADOLESCENTS**

Since 2005, IPPF EN implemented a European Commission funded project on the sexual health of young people.

The SAFE II project (2009-2012) is a collaborative effort between the Regional Office, 14 Member Associations and 10 collaborating partners, among them the World Health Organization (WHO) Regional Office for Europe. It sets out to provide an overall picture of the patterns and trends across the region in order to develop new and innovative ways to reach young people with SRHR information and services, and to inform, support and advance policy development. Young people were key partners during the full course of this project and contributed significantly to the outcomes of the project which include:

In Ireland, emergency contraception is now available over the counter without a doctor's prescription.

In Slovakia, the project prevented that the notion of "conscientious objection" be enlarged within clinic settings which, if adopted, would have hampered young people's access to services.

In Cyprus, sexuality education is now mandatory in primary and secondary schools.

A "Compendium on young people's SRHR policies in Europe" was produced which offers an excellent policy assessment tracking tool as well as an invaluable source of cross-country information.

The data and other results gathered will be used to inform future strategies, policies and interventions on young people's sexual and reproductive health and rights.

Deliverables of the SAFE project can be found on www.ysafe.net/safe.

#### **INCREASING ACCESS AND PROVISION TO YOUTH FRIENDLY SERVICES AND COMPREHENSIVE SEXUALITY EDUCATION**

In 2011, IPPF Member Associations in Albania and Bosnia and Herzegovina received restricted funding from the Netherlands' Choices and Opportunities Fund to work with adolescents. The purpose of the



"IPPF's unique role is that they help us to get to the roots, those who are on the ground. IPPF EN assists us to ensure that the dialogue between the ministries, official partners and WHO does not omit the voices of the people, particularly those who are the most in need."

**DR. GUNTA LAZDANE**, REGIONAL ADVISOR ON SEXUAL AND REPRODUCTIVE HEALTH, REGIONAL OFFICE - The World Health Organization (WHO) Europe

#### The Voices of our Stakeholders

Choices project (2011-2013) is to increase access to (and provision of) comprehensive, gender sensitive, rights-based sexuality education, to increase access to youth friendly services and influence policy change from a rights-based, gender sensitive approach with the aim of increasing services for adolescents.

The Regional Office received a regional capacity building fund to deliver training on Gender and Rights for Member Associations of Albania, Bosnia and Herzegovina, the Republic of Macedonia, Kyrgyzstan, Tajikistan and Georgia.

The Gender and Rights training module aims to provide comprehensive understanding and capacity to mainstream gender and rights across programmes and activities.

Member Associations from Albania and Bosnia and Herzegovina have strengthened their referral systems as well as the capacity of their staff and service providers to work with young people from vulnerable groups. Both Member Associations meaningfully involve young people, including young people from vulnerable groups, at all levels of their associations as board members, advocates and peer educators.

#### **PROMOTING SAFE ABORTION**

In 2012, 12 Member Associations were given the opportunity under IPPF's Global Comprehensive Abortion Care Initiative (GCACI) to participate in several important meetings such as the joint WHO Europe and IPPF EN meeting on "Improving access to safe abortion care and related reproductive health services in the European Region" held in Riga, 30-31 May.

This meeting gathered some 100 participants from 30 different countries and different international and national organizations. Participation in this meeting strengthened IPPF EN's visibility as an essential player in the improvement of access to safe abortion in the region.

Participation in this meeting as well as in the 10th International Congress of the International Federation of Abortion and Contraception Professionals (FIAPAC) on 29 May and the World Congress of the International Federation of Gynecology and Obstetrics (FIGO) on 7-12 October enabled Member Associations to:

Establish new contacts or nurture existing ones with representatives of Ministries of Health or WHO country offices as well as national professional organizations working on SRHR and more specifically on abortion.

Build up their knowledge on the updated WHO "Guidelines on Safe Abortion" and the translation into Russian of IPPF's "Comprehensive Abortion Care Manual" and the Gender and Rights module.

WHO Abortion Guidelines provide essential technical and policy guidance, integrating a human rights' based approach. These new tools should provide evidence to support Member Associations in their advocacy work for improved service delivery.



"Our collaboration is very effective in the sense that the Regional Office is devoted to capacity building of Member Associations, bringing people into one place and helping us to learn about gender transformative programming for example. So, there are many opportunities that IPPF as a leading NGO in the area of SRHR can provide".

**DANIEL KALADJIESKI**, YOUTH PROGRAMME COORDINATOR, HERA - Republic of Macedonia, former volunteer and YSAFE chair person.

The Voices of our Volunteers

Uzbek immigrants occupy storage containers of market vender in Almaty, Kazakhstan. The market is close to a health clinic providing free-of-charge condoms, HIV testing services and referrals. ©IPPF EN/Layla Aerts/Kazakhstan 2013



# PERFORM

Working towards a transparent and accountable Federation

MONITORING AND EVALUATION ARE CRITICAL IN ANY LEARNING ORGANIZATION.

RELEVANT AND HIGH QUALITY INFORMATION ENABLES IPPF TO DEMONSTRATE THE EFFECTS OF ITS WORK TO NATIONAL, REGIONAL AND INTERNATIONAL DONORS, POLICY-MAKERS AND PARTNERS.

Flyers to inform young Kazaks on safe sex, contraception, HIV and other sex related issues. ©IPPF EN/Layla Aerts/Kazakhstan 2013

#### GLOBAL INDICATORS SURVEY AND SERVICE STATISTICS

IPPF at a global level collects annually information on the number of services delivered and a series of other activities through 30 global indicators.

The Regional Office uses the data to identify where technical assistance is needed. They also feed into the performance reviews of IPPF Member Associations, the results of which are taken into consideration for resource allocation. Member Associations use the data as well to improve programmes and performance.

In 2012, key achievements within the Europe Region include:

 841,979 sexual and reproductive health services provided to young people by 21 Member Associations delivering services.
This is a 10% increase in comparison to 2011.

• A total of 27 successful national policy initiatives and/or positive legislative changes occurred in support of sexual and reproductive health and rights to which Member Associations have contributed.

82% of Member Associations have advocated in the last year for reducing restrictions and/or increasing access to safe and legal abortion.

■ 87.2% of Member Associations implement strategies to reach people who are particularly vulnerable to HIV infection.

#### **IPPF'S ACCREDITATION SYSTEM**

Perform also means to carry out activities and programmes based on systems that ensure impact, accountability and transparency. IPPF's accreditation process is intended both as an accountability tool and as a tool for reflection, improvement and learning.

The IPPF Membership Standards ensure that Member Associations conduct their activities in accordance with essential standards of quality of services, sound governance and management principles and that the vision, mission and values of the Federation are upheld.

In 2012, the Member Associations of Armenia, Austria, France, and the United Kingdom were approved for re-accreditation. Accreditation reviews were conducted for the Czech Republic, France, Ireland, Kazakhstan, Netherlands, Portugal, Switzerland, and Tajikistan.

#### **IPPF EN VISIBILITY AND REPRESENTATION**

In 2012, IPPF EN was represented at all of the major SRHR-related meetings and events in Brussels and across the region, in many cases taking a lead role.

The Regional Office hosts the EuroNGOs secretariat, acts as its fiscal agent and is a long-term observer to the Steering Committee. Many of the Member Associations in Europe are also members of EuroNGOs. The Regional Director is also actively involved as an observer in the Executive Committee of the European Parliamentary Forum on Population and Development (EPF). IPPF EN was present at the 5th International Parliamentarians' Conference on the Implementation of the ICPD Programme of Action (IPCI) in May in Istanbul, along with 400 other delegates, including more than 200 parliamentarians from 110 countries. The IPCI Conference confirmed support for the Programme of Action of the International Conference on Population and Development (ICPD, Cairo, 1994)<sup>12</sup> and beyond, emphasizing the centrality of SRHR in the efforts to reduce poverty and safeguard people's health and rights. The event came at a time when the population and development community was preparing for the Family Planning Summit<sup>13</sup> which took place in London on 11th July 2012 in which IPPF played a global and central role as the successful convener of Civil Society.

The Regional Office of IPPF EN, the Regional Office of UNFPA and WHO Europe have significantly strengthened their collaboration. Regular strategy meetings and in-country collaboration ensures that the three major actors in the EECA region can build upon each other's strength. For WHO Europe this is among other issues the assistance of the Member Associations to the implementation of WHO Guidelines at the national level. For UNFPA EECARO it often means ensuring the presence of civil society through the active input of IPPF Member Associations.



"One unique thing about IPPF EN is that they are one of the few organizations if not the only one that has a long term investment strategy in the MAs so that they do help to support them as an organization to grow and develop and to become sustainable and there are very few partners out there that are such loval and steadfast allies for movements in terms of SRH around Europe."

**NEIL DATTA**, SECRETARY GENERAL - European Parliamentary Forum

#### The Voices of our Stakeholders

### **I**♥ being a girl.

IN 2012, IPPF EN'S YOUTH NETWORK YSAFE WON THE WORLD SUMMIT YOUTH CATEGORY 3 AWARD (WSYA) ON "POWER 2 WOMEN" FOR ITS "I♥ BEING A GIRL" PROJECT UNDER THE GLOBAL GIRLS DECIDE INITIATIVE. THE AIM OF THE PROJECT WAS TO PROMOTE A POSITIVE APPROACH TO THE IMAGE OF YOUNG WOMEN, BY COLLECTING TESTIMONIES OF EMPOWERED YOUNG WOMEN AND ENCOURAGING A POSITIVELY FRAMED DIALOGUE ABOUT GENDER EQUALITY, FEMININITY AND SEXUALITY. A KEY TASK WAS TO CHALLENGE THE CONTRADICTORY MESSAGES AND SOCIAL PRESSURES MANY GIRLS EXPERIENCE. THE DISTRIBUTION OF THE TESTIMONIES TOOK PLACE THROUGH THE "I ♥ BEING A GIRL" BLOG, YOUTUBE AND SOCIAL MEDIA. ONE OF THE MOST EXCITING MOMENTS OF THIS PROJECT WAS THE MAKING OF THE "I♥ BEING A GIRL" MOVIE WITH FRAGMENTS OF INTERVIEWS COLLECTED AT THE 2010 AIDS CONFERENCE IN VIENNA. VISIT I ♥ BEING A GIRL WEBSITE: HTTP://IHEARTBEINGAGIRL.BLOGSPOT.BE/



- 18 -

THE WORLD SUMMIT YOUTH AWARD (WSYA) IS A UNIQUE GLOBAL CONTEST WHICH BRINGS TOGETHER YOUNG DEVELOPERS AND DIGITAL ENTREPRENEURS - UNDER 30 YEARS OF AGE - WHO USE INTERNET AND MOBILE TECHNOLOGY TO PUT THE UN MILLENNIUM DEVELOPMENT GOALS (MDGS) INTO ACTION AND MAKE A DIFFERENCE.

<sup>12</sup> At the 1994 International Conference on Population and Development (ICPD) in Cairo, 179 countries adopted a forward-looking, 20-year Programme of Action (PoA), sometimes referred to as the Cairo Consensus, that was unique in its recognition that reproductive health and rights, as well as women's empowerment and gender equality, are cornerstones of population and development programmes. / 13 The Family Planning Summit in London brought together world leaders, charities and private sector companies with one aim - to make affordable contraception, information and services available to an additional 120 million women and girls by 2020



In November, all IPPF Member Associations and the Secretariat (Central Office and the 6 Regional Offices) gathered with partners, politicians and NGO leaders at the Pan African Parliament in Johannesburg to commemorate 6 decades of unvielding commitment to sexual and reproductive health and rights.

On the jubilee, and like each year, IPPF honoured individuals and organizations from within the Federation - a global staff of 30,000, and millions of volunteers - who have made outstanding contributions to the cause of sexual and reproductive health and rights.14

Barbro Lenneer-Axelsson, former President of IPPF EN and former Chair of the IPPF Audit Committee. received the award for longstanding volunteer commitment to IPPF. Smaranda Constantinescu, former YSAFE coordinator won the 2012 IPPF Youth Award for incredible creativity, commitment, work ethic, and skills. The Irish Family Planning Association was awarded the Member Association Award, in particular for its courageous campaigning for the right to abortion in Ireland.

During the same event, activist Ali Erol, an outspoken advocate for LGBTI rights in Turkey received the 2013 David Kato Vision & Voice Award.15

IPPF EN also carried out a series of events in the run up to IPPF's 60th birthday. The Regional Office produced a compilation of video interviews of our key partner organizations like the European Commission, the European Parliament, WHO Europe, UNFPA EECARO and the many Brusselsbased NGOs.

#### COMMISSIONER VASSILIOU'S MESSAGE FOR THE 60TH ANNIVERSARY OF IPPF:

Ms Androula Vassiliou, Commissioner for Education, Culture, Multilingualism and Youth at the European Commission, took time to record her personal thanks to IPPF, and to the European

<sup>4</sup> IPPF Awards are handed out each year and determined by a panel of 6 Governing Council members (1 from each region), supported by a Central Office staff member. Nominations come in from all over the world, in the following 5 categories: volunteer member, youth volunteer, Member Association, international individual, and Member Association staff member. / 15 The David Kato Vision & Voice Award was launched to recognize those who are working to eliminate violence, stigma and discrimination against lesbian, gay, bisexual, transgender and intersex (LGBTI) people. IPPF is also the coordinator of the steering group for the David Kato Vision & Voice Award.

Network in particular, for all the hard work over the past years.

Commissioner Vassiliou is Honorary President of the Cyprus Family Planning Association, and a strong supporter of the association's work. In her message of support, she particularly thanked IPPF for its on-going work to promote and develop comprehensive sexuality education programmes.

Many of our Member Associations also produced remarkable materials such as "IPPF in Georgia" a web publication describing 10 years of successful collaboration between IPPF and Member Association HERA XX.



"For many years, IPPF European Network in close collaboration with the youth movement has been the leading NGO working towards achieving access to sexual and reproductive health for young people in Europe. I welcome IPPF European Network's work, the dialogue, innovative programmes based on human rights that produce positive outcomes in terms of sexual behavior, sexual health, as well as self esteem and gender equality. I would like to congratulate IPPF for its commitment and passion to help young people throughout the world. May we say how much the EC funded SAFE II project is currently helping young people all over Europe, including Cyprus."

ANDROULA VASSILIOU, EU Commissioner for Education, Culture, Multilingualism and Youth

### **IPPF EN REGIONAL EXECUTIVE COMMITTEE & REGIONAL OFFICE STAFF**



#### **IPPF EN** Regional Executive Committee Members

The elected members of the Regional Executive Committee (REC) are (from left to right):

KELLY MACKEY, Irish Family Planning Association (IFPA), Ireland - KRISTINA LJUNGROS, Riksförbundet för Sexuell Upplysning (RFSU), Sweden - JOANNA DEC, President, Towarzystwo Rozwoju Rodziny (TRR), Poland - GABRIEL BIANCHI, Slovenska spolocnost pre planovane rodicovstvo a vychovu k rodicovstvu (SSPRVR), Slovak Republic - LENE STAVNGAARD, Vice President, Foreningen Sex & Samfund, Denmark - BERT VAN HERK, Treasurer, Rutgers WPF, The Netherlands - RAKHIMA NAZAROVA, Uzbek Association on Reproductive Health (UARH), Uzbekistan - IURII ARIAN, Youth Representative, Societatea de Planifcare a Familiei din Moldova, Moldova - LUIZE RATNIECE, Youth Representative, Latvijas Gimenes Planosanas un Seksualas Veselibas Asociacija "Papardes zieds" (LAFPSH), Latvia

### **IPPF EN** Regional Office Staff

VICKY CLAEYS, Regional Director LUCY CADY. Executive Assistant RON AMEY, Administrative Assistant

#### CHRISTIAN VANDAMME, Director Finance / Administration

LAURENCE EVRARD, Senior Finance Advisor - HALIL KARATAS, Senior Finance Advisor - KENDY TSHABANTU, Accountant -KRISTOS ARGIRO, Senior IT Advisor - SIRRAH BALDEH, IT Support

#### LENA LUYCKFASSEEL, Director Programme

SOIZICK MARTIN, Senior Programme Advisor - MARIEKA VANDEWIELE, Senior Programme Advisor - KAROLIEN DEKKERS, Programme Advisor - SARAH STANDAERT, Programme Advisor - ANDREA ROTONDO, Accreditation Officer - NESRINE TALBI, Programme Officer - SARAH WONG, Accreditation Advisor - MAGNHILD BOGSETH AND DIMITRIOS PARPERIS, Ysafe Intern - JOLA **SKUBISZEWSKA**, Administrative Assistant

#### **EEF WUYTS**. Manager International Advocacy

AN HUYBRECHTS AND ALBA VARELA, Senior Advocacy Advisor - GINA WHARTON, Advocacy Officer - ELENA D'URZO, Advocacy Officer - ARIANE VAUGHAN, Administrative Assistant

#### **IRENE DONADIO**, Manager Public Affairs

IRENE HERNANDEZ AND SHONA SCHONNING, Resource Mobilization Advisor - MARIE-AGNES LENOIR, Senior Communications Advisor - CHARLOTTE PRAM-NIELSEN, Senior ICPD Project Advisor

## **FINANCIAL STATEMENTS**

The IPPF European Network financial statement provides a summary of the 2012 income and expenditure of the Regional Office in Brussels.

The IPPF EN is a network of 40 Member Associations in as many countries throughout Europe and Central Asia. These Associations are financially autonomous and report independently. Their accounts are therefore not included in this statement.

#### INCOME

The total income of the IPPF EN Regional Office amounted to € 5.68 MILLION:

various donors

€ 1.97 M

from IPPF HQ in London mainly generated by contributions from Governments

€ 3.64 M restricted grants from

#### **EXPENSES**

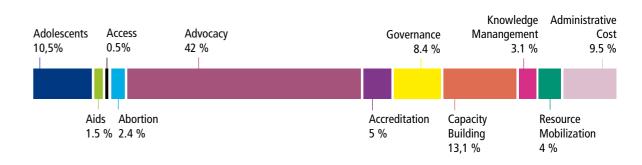
The total expenses of the Regional Office amounted to € 5.64 MILLION:

€ 1.74 M indirect costs

€ 3.64 M

related to restricted projects other

These expenses can be broken down by IPPF Strategic Priorities and Supporting Strategies as follows:







#### **IPPF EN MEMBER ASSOCIATIONS**

IPPF provided core funding to 16 Member Associations in the region for a total amount of € 1.28 million (\$ 1.67 million). In addition, several Member Associations were involved in restricted global or regional projects.

In 2012, the 16 grant-receiving countries were:

ALBANIA, ARMENIA, BOSNIA AND HERZEGOVINA, BULGARIA, GEORGIA, KAZAKHSTAN, KYRGYZSTAN, LATVIA, LITHUANIA, REPUBLIC OF MACEDONIA, MOLDOVA, ROMANIA, RUSSIA, TAJIKISTAN AND UKRAINE.

Support to Uzbekistan was provided through UNFPA.

#### THANKS TO:

IPPF EN wishes to thank the following donors for their generous support for projects in our Region:

THE BILL AND MELINDA GATES FOUNDATION THE EUROPEAN COMMISSION THE UK GOVERNMENT (DFID) UNFPA (UNITED NATIONS POPULATION FUND) ACTION SPEAKS FOR ITSELF ! WE NEED YOUR SUPPORT !

# **ACT NOW!**

#### ENGAGE !

Whatever time you choose to volunteer, whatever way you choose to help, whether it be by dedicating a couple hours a month, or by choosing to stay informed about our activities, by signing one of our petitions or by writing a letter to your national Member of Parliament or MEP. Already, IPPF EN says THANK YOU! We need all the support we can get for our network and to make a difference! Stay tuned, visit our website www.ippfen.org, join us on Facebook or follow @ippfen on Twitter.

You may also choose to contact your national Member Association and get in touch with them directly.

#### **DONATE NOW !**

Donations are always welcome. **IF YOU WOULD LIKE TO HELP US**, make a donation directly into our bank account:

BNP PARIBAS FORTIS Brussels Belgium BE18 0016 5794 9965 IPPF European Network

You can also donate online here: http://ippf.org/appeals/donate

> RHAK representative and member of Parliament discussing during a conference on youth health in Bishkek, Kyrgyzstan in April, 2013. ©IPPF EN/Layla Aerts/Kyrgyzstan 2013

#### **IPPF EUROPEAN NETWORK**

146, Rue Royale, 1000 Brussels, Belgium Tel +32.2.250.09.50 - Fax +32.2.250.09.69 - Email info@ippfen.org

www.ippfen.org

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